

## Texting consent form

At times, I will use texting for reminders such as: appointments, homework assignments, brief questions and answers. I do not put Identifying information in texts such as personal information. By signing this document, you understand and agree to the terms.

**Texting is not a secure form of communication. Any conversation is at risk of being hacked and viewed.**

Before considering this, you need to be aware of the risks:

- Text messaging can be circulated, forwarded or stored in electronic files.
- Text messaging can be immediately sent worldwide and received by many intended and unintended recipients.
- Senders can easily misaddress a text message.
- Text messages are easy to falsify than handwritten or signed forms.
- Backup copies may exist even after sender and/or recipient has deleted their copies.
- Text messages can be interpreted, forwarded or used without one's knowledge or permission.
- Text messages can be used as evidence in court.
- Text messages can be lost in transmission.

KCC will use reasonable methods to protect the security and confidentiality of information sent and received. However, because of the risks KCC can't guarantee the security and confidentiality of text communication, and is not responsible for improper disclosure of confidential information that is not caused by KCC. Consent to use texting includes agreement with the following terms:

**Please read and initial each line. By initialing you are stating you understand the terms.**

1. \_\_\_\_\_ (initial)KCC will NOT text any protected health information, such as personal information.
2. \_\_\_\_\_ (initial)Although KCC staff will endeavor to read and respond promptly to a text message, I cannot guarantee that any text will be read and responded to within any particular period of time. *In other words, do not text for emergencies or other time sensitive measures.*
3. \_\_\_\_\_ (initial)Your text will NOT be forwarded to a third party.
4. \_\_\_\_\_ (initial)You may withdrawal consent to communicate by text at any time. Therapist will need to be contacted in person or by phone.
5. \_\_\_\_\_ (initial)You are responsible for protecting your password and access to your phone and any text you send or receive from KCC to ensure your confidentiality. Your therapist cannot be held liable if there is a breach of confidentiality caused by a breach in your account security.

6. \_\_\_\_\_ (initial) You are stored in my phone as “Client KCC and first name.” No one has access to my phone. If my phone is stolen or hacked you will be contacted as soon as possible. If you are no longer a client your phone number is deleted from my contacts, however “deleting” does not mean it’s automatically gone.

Homework assignments are discussed during the therapy session, texting is a reminder during the week, so minimal information is given. The following are a few examples:

Text: Appointment reminder at KCC with Barbara at 3:00 PM.

Text: don’t forget journaling.

Text: validate

Text: Is this something you can control?

Text: What went right today.

### Social Media

7. \_\_\_\_\_ Therapy is a professional relationship. Ethically, I am unable to interact with client’s through social media such as Facebook, Instagram or Snapchat. If you send me a request, I am unable to respond/accept.

**Client acknowledgement and Agreement: This document will be saved in your file if you would like a copy please feel free to ask.**

I acknowledge that I have read and fully understand this consent form. I understand the risks associated with text communication and consent to the conditions herein. Any questions I may have had were answered.

Client Printed name \_\_\_\_\_ Date \_\_\_\_\_

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Staff signature \_\_\_\_\_ Date \_\_\_\_\_

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